



MOOC

LINGUISTIC ASSERTIVENESS FOR MINORITIZED LANGUAGE SPEAKERS (ML)

Information for (aspiring) trainers.

In this document you will find practical information about how to become a trainer and what you should think about if you want to start giving the LISTEN-workshops.

1. Before you start

Before you start, it is advisable to contact your local language organisation. They have the network within which the workshops can be given and they can help you further develop and organise the workshop. Each RML has its own reality and (legal) frameworks. It is very important to take this into account if you want to give the workshops. Don't just start out of the blue!

❖ If you are interested in giving the workshop aimed at Irish, Welsh, Frisian, Catalan or Hungarian (in Romania), please contact one of the LISTEN-partners:

- For Welsh: IAITH, www.iaith.eu
- For Irish: Conradh Na Gaeilge (CNAG), www.cnag.ie
- For Frisian: Afûk, www.afuk.frl
- For Hungarian in Romania: Sapientia Hungarian University of Transylvania, www.sapientia.ro
- For Catalan: Tallers per la Llengua: www.tallers.cat

- ❖ If you don't know if there is an organisation for your language you could contact ELEN, to see if there is such an organisation. You can also leave a message through our platform.
 - ELEN: www.elen.ngo
 - LISTEN: [contact form](#)
- ❖ Your profile: ideally you should have some experience working with groups, teaching, coaching and/or leading or facilitating group discussions. You don't necessarily have to be a language activist or a linguist, but you do need to have basic knowledge about your language and the sociolinguistic situation it is in. It is recommended that you take a neutral stance. You are not giving a lecture, you are leading a process that is very personal for the participants and potentially also very emotional.

In order to become a trainer it is essential that you follow the LISTEN e-learning course and read the Linguistic Assertiveness Manual for Trainers (available from the [Trainers' Toolkit](#)).

2. Organising a workshop

- ❖ Determine your target group.

Once you have been in touch with your local language organisations you probably will have a clear idea what your target group is going to be. It's important to know the target group to adapt the workshop depending on what the group needs.

Is the workshop aimed at people working for local or regional governments, health care workers, teachers, students, generally interested people? Are they experienced trainers? Are they activists? Do they have to follow the workshop for work?

❖ Location/setting

Make sure you are giving the workshop in a comfortable and relaxing environment and a room that is suitable for this purpose. There has to be enough space to rearrange the tables and chairs and work in a small group, as well as sit in a circle.

❖ Materials

In this toolkit you can find materials like handouts, animations and presentations in several languages. You can use the materials that you think are most suitable for your situation or you could develop your own materials based on the e-learning course and the Linguistic Assertiveness Manual for Trainers. If you need advice or if you want to make use of some materials and need translations for instance, you can get in touch with the Listen consortium through our platform. [Contact us.](#)

❖ Number of participants

Since the workshop is interactive and you are going to have personal discussions it is recommended not to have more than 20 participants per workshop.

❖ Basic setup of the workshop (3 hrs)

- *Welcome;*
- *Introduction of workshop leader;*
- *Background of the workshop;*
- *Getting to know each other, breaking the ice;*
- *Develop self awareness by using the traffic light code and asking participants when they switch/use the DL;*
- *Devise alternatives: for instance 'pole position', 'bilingual conversation', 'assertive demand';*
- *Break*
- *Practise the resources in smaller groups;*
- *Make a personal plan;*
- *What is next: are you going to be in touch with the participants, can they contact someone else if they have questions, do the participants stay in touch with each other, is there going to be*

another meeting in a couple of weeks to evaluate, discuss progress or issues?

- *Closing.*



TIP

Make it fun! Although it is a serious subject, it is very important to keep it light and create a relaxed and positive atmosphere.

For more information browse the [LISTEN Trainers' Toolkit](#), where you can find useful materials and background information that will help you on your way to becoming a Linguistic Assertiveness trainer yourself.